§1. Discrete-Parameter Martingales

We summarise what we need; for details, see Williams [W], or Neveu [Nev].

**Definition.** Call \( X = (X_n) \) a *martingale* relative to \( (\mathcal{F}_n, P) \) if

1. \( X \) is adapted (to \( \mathcal{F}_n \)),
2. \( E[|X_n|] < \infty \) for all \( n \),
3. \( E[X_n | \mathcal{F}_{n-1}] = X_{n-1} \quad P\text{-a.s.} \quad (n \geq 1) \);

\( X \) is a *supermartingale* if in place of (iii)

\[
E[X_n | \mathcal{F}_{n-1}] \leq X_{n-1} \quad P\text{-a.s.} \quad (n \geq 1);
\]

\( X \) is a *submartingale* if in place of (iii)

\[
E[X_n | \mathcal{F}_{n-1}] \geq X_{n-1} \quad P\text{-a.s.} \quad (n \geq 1).
\]

Thus: a martingale is ‘constant on average’, and models a *fair game*;
a supermartingale is ‘decreasing on average’, and models an *unfavourable game*;
a submartingale is ‘increasing on average’, and models a *favourable game*.

**Note.**

1. Martingales have many connections with harmonic functions in probabilistic potential theory. The terminology in the inequalities above comes from this: supermartingales correspond to *superharmonic* functions, submartingales to *subharmonic* functions.

2. \( X \) is a submartingale [supermartingale ] iff \( -X \) is a supermartingale [submartingale ]; \( X \) is a mg iff it is both a submg and a supermg.

3. \( (X_n) \) is a martingale iff \( (X_n - X_0) \) is a martingale . So we may without loss of generality take \( X_0 = 0 \) when convenient.

4. If \( X \) is a martingale , then for \( m < n \)

\[
E[X_n | \mathcal{F}_m] = E[E[X_n | \mathcal{F}_{n-1}] | \mathcal{F}_m] \quad \text{ (iterated conditional expectations)}
\]

\[
= E[X_{n-1} | \mathcal{F}_m] \quad \text{ a.s. \quad (martingale property)}
\]

\[
= \cdots = E[X_m | \mathcal{F}_m] \quad \text{ a.s. \quad (induction on } n),
\]

\[
= X_m \quad \text{ (} X_m \text{ is } \mathcal{F}_m\text{-measurable)}
\]
and similarly for submartingales, supermartingales.

5. Examples of a martingale include: sums of independent, integrable zero-mean random variables [submg: positive mean; supermg: negative mean]. From the OED: martingale (etymology unknown)

1. 1589. An article of harness, to control a horse’s head.
3. A system of gambling which consists in doubling the stake when losing in order to recoup oneself (1815).

Thackeray: ‘You have not played as yet? Do not do so; above all avoid a martingale if you do.’

Problem. Analyse this strategy.

Gambling games have been studied since time immemorial – indeed, the Pascal-Fermat correspondence of 1654 which started the subject was on a problem (de Mérè’s problem) related to gambling.

The doubling strategy above has been known at least since 1815.

The term ‘martingale ’ in our sense is due to J. VILLE (1939). Martingales were studied by Paul LÉVY (1886-1971) from 1934 on [see obituary, Annals of Probability 1 (1973), 5-6] and by J. L. DOOB (1910-2004) from 1940 on. The first systematic exposition was Doob [D], Ch. VII.

Example: Accumulating data about a random variable ([W], 96, 166-167).

If \( \xi \in L_1(\Omega, \mathcal{F}, P) \), \( M_n := E[\xi|\mathcal{F}_n] \) (so \( M_n \) represents our best estimate of \( \xi \) based on knowledge at time \( n \)), then by iterated conditional expectations

\[
E[M_n|\mathcal{F}_{n-1}] = E[E[\xi|\mathcal{F}_n]|\mathcal{F}_{n-1}] = E[\xi|\mathcal{F}_{n-1}] = M_{n-1},
\]

so \( (M_n) \) is a martingale. One has the convergence

\[
M_n \to M_\infty := E[\xi|\mathcal{F}_\infty] \quad a.s. \quad and \quad in \ L_1;
\]

this is a uniformly integrable (UI) mg – see §3 below.


A supermartingale is ‘decreasing on average’. Recall that a decreasing sequence [of real numbers] that is bounded below converges (decreases to its greatest lower bound or infimum). This suggests that a supermartingale which is bounded below converges a.s. This is so [Doob’s Forward Convergence Theorem: [W], §§11.5, 11.7].

More is true. Call \( X \) \( L_1 \)-bounded if

\[
\sup_n E[|X_n|] < \infty.
\]
Theorem (Doob). An $L_1$-bounded supermartingale is a.s. convergent: there exists $X_\infty$ finite such that

$$X_n \to X_\infty \quad (n \to \infty) \quad \text{a.s.}$$

In particular, we have

Doob’s Martingale Convergence Theorem [W, §11.5]. An $L_1$-bounded martingale converges a.s.

We say that

$$X_n \to X_\infty \text{ in } L_1$$

if

$$E[|X_n - X_\infty|] \to 0 \quad (n \to \infty).$$

3. Uniform Integrability (UI) and Martingales (Mgs)

Random variables $X_n$ are called uniformly integrable (UI) if

$$\sup_n \int_{\{|X_n| > a\}} |X_n|dP \downarrow 0 \quad (a \uparrow \infty).$$

Note that:

(i) If $(X_n)$ are UI, then each $X_n$ is integrable. For,

$$E[|X_n|] = \int_{\{|X_n| \leq a\}} |X_n|dP + \int_{\{|X_n| > a\}} |X_n|dP \leq a + o(1) < \infty.$$

(ii) If each $|X_n| \leq Y \in L_1$, then $(X_n)$ is UI.

(iii) If $\sup_n |X_n| \in L_1$, then $(X_n)$ is UI, as then

$$\sup_n \int_{\{|X_n| > a\}} |X_n|dP \leq \int_{\{|X_n| \geq a\}} (\sup_k |X_k|)dP \to 0 \quad (a \to \infty),$$

by dominated convergence.

We quote: for $(X_n)$ UI and non-negative (or bounded below by an integrable function),

(i) $E[\liminf X_n] \leq \liminf E[X_n] \leq \limsup E[X_n] \leq E[\limsup X_n]$.

(ii) If $X_n \to X$ a.s. or in probability, then $X \in L_1$ and $E[X_n] \to E[X]$.

Uniform integrability is what is needed to pass from a.s. convergence to
$L_1$-convergence, and to strengthen convergence in prob. to a.s. convergence:
(i) If $X_n$ is UI and a.s. convergent, it is $L_1$-convergent.
(ii) If $p \in (0, \infty)$, $X_n \to X$ in pr. and $(|X_n|^p)$ is UI, then $X_n \to X$ in $L_p$.

**Lemma (UI Lemma).** If $X \in L_1$, then the family $\{E[X|B]\}$ as $B$ varies over all sub-$\sigma$-fields of $\mathcal{A}$ is UI.

From this and Doob’s mg convergence theorem, one can prove the first mg convergence theorem:

**Theorem (Lévy).** If $Y \in L_1$ and $(\mathcal{F}_n)$ is a filtration with $\mathcal{F}_n \uparrow \mathcal{F}_\infty$, then
$$E[Y|\mathcal{F}_n] \to E[Y|\mathcal{F}_\infty] \text{ a.s and in } L_1.$$

For a class of martingales, one gets convergence in $L_1$ as well as almost surely [a.s., = with probability one]. A mg of the form $X_n = E[X_\infty|\mathcal{F}_n]$ is called regular [N] or uniformly integrable (UI) [W], or closed; the limit $X_\infty$ is said to close the martingale (by adjoining the value "at time $\infty$", or by extending the time-set from $\mathbb{N}$ to $\mathbb{N} \cup \{+\infty\}$).

**Theorem (UI Mg Convergence Theorem).** For a mg $X = (X_n)$, the following are equivalent:
(i) $X$ is UI;
(ii) $X$ converges a.s. and in $L_1$ (to $X_\infty$, say);
(iii) $X$ is closed by a random variable $Y$: $X_n = E[Y|\mathcal{F}_n]$;
(iv) $X$ is closed by its limit $X_\infty$: $X_n = E[X_\infty|\mathcal{F}_n]$.

**Note.**
1. The UI mgs (also called regular mgs) are the ‘nice’ mgs. Note that all the randomness is in the closing rv $Y = X_\infty$. As time progresses, more of $Y$ is revealed as more information becomes available: progressive revelation, as in(chose your metaphor) a ‘striptease’, or the ‘Day of Judgement’.  
2. UI mgs are also common, and crucially important in Mathematical Finance. There, one does two things: (i) discount all asset prices (so as to work with real rather than nominal prices); (ii) change from the real-world probability measure $P$ to an equivalent martingale measure $Q$ (EMM, or risk-neutral measure) under which discounted asset prices $\tilde{S}_t$ become $(Q)$-mgs:

$$\tilde{S}_t = E_Q[\tilde{S}_T|\mathcal{F}_t]$$
(here $T < \infty$ is typically the expiry time of an option: [BK], Ch. 4).

Matters are simpler in the $L_p$ case for $p \in (1, \infty)$. Call $X = (X_n)$ $L_p$-bounded if

$$\sup_n \|X_n\|_p < \infty$$

(so in particular each $X_n \in L_p$). We may take $p = 2$ for simplicity, and because of the link with Hilbert-space methods and the important Kunita-Watanabe Inequalities.

**Theorem ($L_p$-Mg Theorem).** If $p > 1$, an $L_p$-bounded mg $X_n$ is UI, and converges to its limit $X_\infty$ a.s. and in $L_p$.

**Square-integrable martingales.** So taking $p = 2$: if $X = (X_n)$ is an $L_2$-bounded mg, $X_n = E[X_\infty|F_n]$. In fact,

$$X \leftrightarrow X_\infty$$

is an isometry between the Hilbert spaces of $L_2$-bounded mgs and square-integrable rvs. Note that all the randomness is in the limit! All this goes through for continuous time also.

§4. Stopping Times and Optional Stopping.

A random variable $T$ taking values in $\{0, 1, 2, \ldots; +\infty\}$ is called a stopping time (or optional time) if

$$\{T \leq n\} = \{\omega: T(\omega) \leq n\} \in \mathcal{F}_n \quad \forall n \leq \infty; \text{ equivalently, } \{T = n\} \in \mathcal{F}_n.$$ Think of $T$ as a time at which you decide to quit a gambling game: whether or not you quit at time $n$ depends only on the history up to and including time $n$ – NOT the future.

The following important classical theorem is discussed in [W], §10.10.

**Theorem (Doob's Optional Stopping Theorem, OST).** Let $T$ be a stopping time, $X = (X_n)$ be a supermg, and assume one of the following:

(i) $T$ is bounded $[T(\omega) \leq K$ for some constant $K$ and all $\omega \in \Omega]$;

(ii) $X = (X_n)$ is bounded $[|X_n(\omega)| \leq K$ for some $K$ and all $n, \omega]$;

(iii) $E[T] < \infty$ and $(X_n - X_{n-1})$ is bounded.

Then $X_T$ is integrable, and

$$E[X_T] \leq E[X_0].$$
If here $X$ is a martingale, then

$$E[X_T] = E[X_0].$$

The OST is important in many areas, such as sequential analysis in statistics, and to American options in finance (options that can be exercised at any time up to and including expiry).

Write $X^n_T := X_{n \wedge T}$ for the sequence $(X_n)$ stopped at time $T$. We quote:

(i) If $(X_n)$ is adapted and $T$ is a stopping-time, $(X_{n \wedge T})$ is adapted.
(ii) If $(X_n)$ is a martingale [supermartingale] and $T$ is a stopping time, $(X^n_T)$ is a martingale [supermartingale].

§5. Doob Decomposition.

**Theorem.** Let $X = (X_n)$ be an adapted process with each $X_n \in L_1$. Then $X$ has an (essentially unique) Doob decomposition

$$X = X_0 + M + A : X_n = X_0 + M_n + A_n \quad \forall n$$

(D)

with $M$ a martingale null at zero, $A$ a previsible process null at zero. If also $X$ is a submg (‘increasing on average’), $A$ is increasing: $A_n \leq A_{n+1}$ for all $n$.

**Proof.** If $X$ has a Doob decomposition (D),

$$E[X_n - X_{n-1} | F_{n-1}] = E[M_n - M_{n-1} | F_{n-1}] + E[A_n - A_{n-1} | F_{n-1}].$$

The first term on the right is zero, as $M$ is a martingale. The second is $A_n - A_{n-1}$, since $A_n$ (and $A_{n-1}$) is $F_{n-1}$-measurable by previsibility. So

$$E[X_n - X_{n-1} | F_{n-1}] = A_n - A_{n-1},$$

(1)

and summation gives

$$A_n = \sum_1^n E[X_k - X_{k-1} | F_{k-1}], \quad a.s.$$ We use this formula to define $(A_n)$, clearly previsible. We then use (D) to define $(M_n)$, then a martingale, giving the Doob decomposition (D).

If $X$ is a submartingale, the LHS of (1) is $\geq 0$, so the RHS of (1) is $\geq 0$, i.e. $(A_n)$ is increasing. //

**Note.** 1. Although the Doob decomposition is a simple result in discrete time, the analogue in continuous time is deep (see below). This illustrates
the contrasts that may arise between the theories of stochastic processes in
discrete and continuous time.
2. Previsible processes are ‘easy’ (trading is easy if you can foresee price
movements!). So the Doob Decomposition splits any (adapted) process \( X \)
into two bits, the ‘easy’ (previsible) bit \( A \) and the ‘hard’ (martingale) bit \( M \).
Moral: martingales are everywhere!
3. Submartingales model favourable games, so are \textit{increasing on average}. It
‘ought’ to be possible to split such a process into an \textit{increasing} bit, and a
remaining ‘trendless’ bit. It is – the trendless bit is the martingale.
4. Compare Regression in Statistics (see e.g. \cite{BF}), where one splits the data
into ‘signal’ [or trend] + ‘noise’.

\textbf{§6. Examples.}

1. \textit{Simple random walk.}

Recall the simple random walk: \( S_n := \sum_{k=1}^{n} X_k \), where the \( X_n \) are inde-
pendent tosses of a fair coin, taking values \( \pm 1 \) with equal probability \( 1/2 \).
Suppose we decide to bet until our net gain is first +1, then quit. Let \( T \) be
the time we quit; \( T \) is a stopping time. It has been analysed in detail; see
e.g. Grimmett & Stirzaker \cite{GS}, §5.2. From this, note:
(i) \( T < \infty \) a.s.: the gambler will certainly achieve a net gain of +1 eventually;
(ii) \( E[T] = +\infty \): the mean waiting-time till this happens is infinity.
(iii) No bound can be imposed on the gambler’s maximum net loss before his
net gain first becomes +1.

At first sight, this looks like a foolproof way to make money out of noth-
ing: just bet till you get ahead (which happens eventually, by (i)), then quit.
However, as a gambling strategy, this is hopelessly impractical: because of
(ii), you need unlimited time, and because of (iii), you need unlimited capital
- neither of which is realistic.

Notice that the Optional Stopping Theorem fails here: we start at zero,
so \( S_0 = 0 \), \( E[S_0] = 0 \); but \( S_T = 1 \), so \( E[S_T] = 1 \). This example shows:
a) The Optional Stopping Theorem does indeed need conditions, as the con-
clusion may fail otherwise [none of the conditions (i) – (iii) in the OST are
satisfied in the example above],
b) Any practical gambling (or trading) strategy needs to have some inte-
grability or boundedness restrictions to eliminate such theoretically possible
but practically ridiculous cases.
2. \textit{The doubling strategy.}

The strategy of doubling when losing – \textit{the} martingale, according to the
Oxford English Dictionary (§3) has similar properties – and would be suicidal in practice as a result.

3. The Saint Petersburg Game.

A single play of the Saint Petersburg game consists of a sequence of coin tosses stopped at the first head; if this is the $r$th toss, the player receives a prize of $\$ 2^r$. [Thus the expected gain is $\sum_{r=1}^{\infty} 2^{-r} \cdot 2^r = +\infty$, so the random variable is not integrable, and martingale theory does not apply.] Let $S_n$ denote the player’s cumulative gain after $n$ plays of the game. The question arises as to what the ‘fair price’ of a ticket to play the game is. It turns out that fair prices exist (in a suitable sense), but the fair price of the $n$th play varies with $n$ – surprising, as all the plays are the replicas of each other.

Other examples may be constructed of games which are ‘fair’ in some sense, but in which the player sustains a net loss, tending to $-\infty$, with probability one. For a discussion of such examples, see e.g. Feller [F1], X.3.4.

§7. Continuous-Time Martingales

The martingale property in continuous time is just that suggested by the discrete-time case:

$$E[X_t | \mathcal{F}_s] = X_s \quad (s < t),$$

and similarly for submartingales and supermartingales. There are regularization results, under which one can take $X_t$ right-continuous in $t$. Among the contrasts with the discrete case, we mention that the Doob-Meyer decomposition, easy in discrete time, is a deep result in continuous time.

§8. Poisson Processes; Lévy Processes

Suppose we have a process $X = (X_t : t \geq 0)$ which has stationary independent increments: if $X_{t+u} - X_t$ denotes the increment over the interval $(t, t+u]$, then

(i) the distribution of the increments depends only on the length $u$ of the interval, not on its starting-point $t$ (stationarity);

(ii) increments over disjoint intervals are independent.

Such a process is called a Lévy process, in honour of their creator, the great French probabilist Paul Lévy (1886-1971) [see Ann. Probab. 1.1 for his obituary, by Loève]. Then for each $n = 1, 2, \ldots$,

$$X_t = X_{t/n} + (X_{2t/n} - X_{t/n}) + \ldots + (X_t - X_{(n-1)t/n})$$

displays $X_t$ as the sum of $n$ independent (by independent increments), identically distributed (by stationary increments) random variables. Consequently,
The characteristic functions (CFs) of infinitely divisible distributions are known, and are given by the Lévy-Khintchine formula (L-K); see e.g. Bertoin [Ber]. The prime example is (see Week 4): the Wiener process, or Brownian motion, is a Lévy process.

**Poisson Processes.**

The increment $N_{t+u} - N_u$ $(t, u \geq 0)$ of a Poisson process is the number of failures in $(u, t + u]$ (in the language of renewal theory – see Week 2). By the lack-of-memory property of the exponential, this is independent of the failures in $[0, u]$, so the increments of $N$ are independent. It is also identically distributed to the number of failures in $[0, t]$, so the increments of $N$ are stationary. That is, $N$ has stationary independent increments, so is Lévy:

Poisson processes are Lévy processes.

We need an important property: two Poisson processes (on the same filtration) are independent iff they never jump together (a.s.). For proof, see e.g. Revuz & Yor [R-Y], XII.1.

The Poisson count in an interval of length $t$ is Poisson $P(\lambda t)$ (where the rate $\lambda$ is the parameter in the exponential $E(\lambda)$ of the renewal-theory viewpoint), and the Poisson counts of disjoint intervals are independent. This extends from intervals to Borel sets:

(i) For a Borel set $B$, the Poisson count in $B$ is Poisson $P(\lambda|B|)$, where $|.|$ denotes Lebesgue measure;

(ii) Poisson counts over disjoint Borel sets are independent.

**Poisson (Random) Measures.**

If $\nu$ is a finite measure, call a random measure $\phi$ Poisson with intensity (or characteristic) measure $\nu$ if for each Borel set $B$, $\phi(B)$ has a Poisson distribution with parameter $\nu(B)$, and for $B_1, \ldots, B_n$, $\phi(B_1), \ldots, \phi(B_n)$ are independent. One can extend to $\sigma$-finite measures $\nu$: if $(E_n)$ are disjoint with union $\mathbb{R}$ and each $\nu(E_n) < \infty$, construct $\phi_n$ from $\nu$ restricted to $E_n$ and write $\phi$ for $\sum \phi_n$.

**Poisson Point Processes.**

With $\nu$ as above a $(\sigma$-finite) measure on $\mathbb{R}$, consider the product measure $\mu = \nu \times dt$ on $\mathbb{R} \times [0, \infty)$, and a Poisson measure $\phi$ on it with intensity $\mu$. Then $\phi$ has the form

$$\phi = \sum_{t \geq 0} \delta_{(t\epsilon(t), t)},$$

where the sum is countable (for background and details, see [Ber], §0.5, whose
treatment we follow here). Thus $\phi$ is the sum of Dirac measures over ‘Poisson points’ $e(t)$ occurring at Poisson times $t$. Call $e = (e(t) : t \geq 0)$ a Poisson point process with characteristic measure $\nu$,

$$e = Ppp(\nu).$$

For each Borel set $B$,

$$N(t, B) := \phi(B \times [0, t]) = \text{card}\{s \leq t : e(s) \in B\}$$

is the counting process of $B$ – it counts the Poisson points in $B$ – and is a Poisson process with rate (parameter) $\nu(B)$. All this reverses: starting with an $e = (e(t) : t \geq 0)$ whose counting processes over Borel sets $B$ are Poisson $P(\nu(B))$, then – as no point can contribute to more than one count over disjoint sets – disjoint counting processes never jump together, so are independent by above, and $\phi := \sum_{t \geq 0} \delta_{e(t), t}$ is a Poisson measure with intensity $\mu = \nu \times dt$.

**Compound Poisson processes.**

A random variable Poisson distributed with parameter $\lambda$ has generating function $\sum_{n=0}^{\infty} e^{-\lambda} \lambda^n / n! = \exp\{-\lambda(1 - s)\}$ and CF $\exp\{-\lambda(1 - e^{it})\}$. A Poisson process $Ppp(\lambda)$ jumps by 1 at Poisson points distributed with intensity $\lambda$. Now suppose that at the $n$th Poisson point there is a jump of size $X_n$, where the $X_n$ are independent and identically distributed (iid) random variables with distribution function $F$ and CF $\phi(t)$. The resulting process $X = (X_t)$ is called a compound Poisson process $CP(\lambda, F)$, with intensity $\lambda$ and jump law $F$. As above, $X_t$ has CF $\exp\{-\lambda(1 - \phi(t))\}$. In a sense made precise by the Lévy-Khintchine formula and the Lévy-Itô decomposition, a general Lévy process may be built up from a deterministic ‘drift’ $c t$, a Brownian motion (Week 4) and a limit of sums of compound Poisson processes, ‘compensated’ by having their means subtracted (these compensated sums are then martingales). For details, see e.g. Bertoin [Ber].

**Insurance.**

Compound Poisson processes dominate the mathematics of insurance: there, the claims arrive at the points of a Poisson process of rate $\lambda$, $F$ is the law of the claim sizes, and $CP(\lambda, F)$ is the process of claims made to date.