Why is it difficult to control leishmaniases?

1. Leishmaniases can be spread to humans from animals
2. There is NO preventative treatment or vaccines
3. Drug treatment:
   - long lasting, expensive, with potentially severe side effects
   - Increasing drug resistance

How can human activities spread the disease?

- deforestation
- change in land use
- new endemic area

Precautions to take when going to a country with leishmaniases?

- Be informed about the risk
- Avoid contact with sand flies
  - sand flies bite from dusk to dawn – try to stay indoors at these times
  - Sand flies live in areas close forests and animal houses
- Use insect repellent on exposed skin
- Wear protective clothing when exposed
- Use window screens and bed nets (> 30 holes per linear inch)